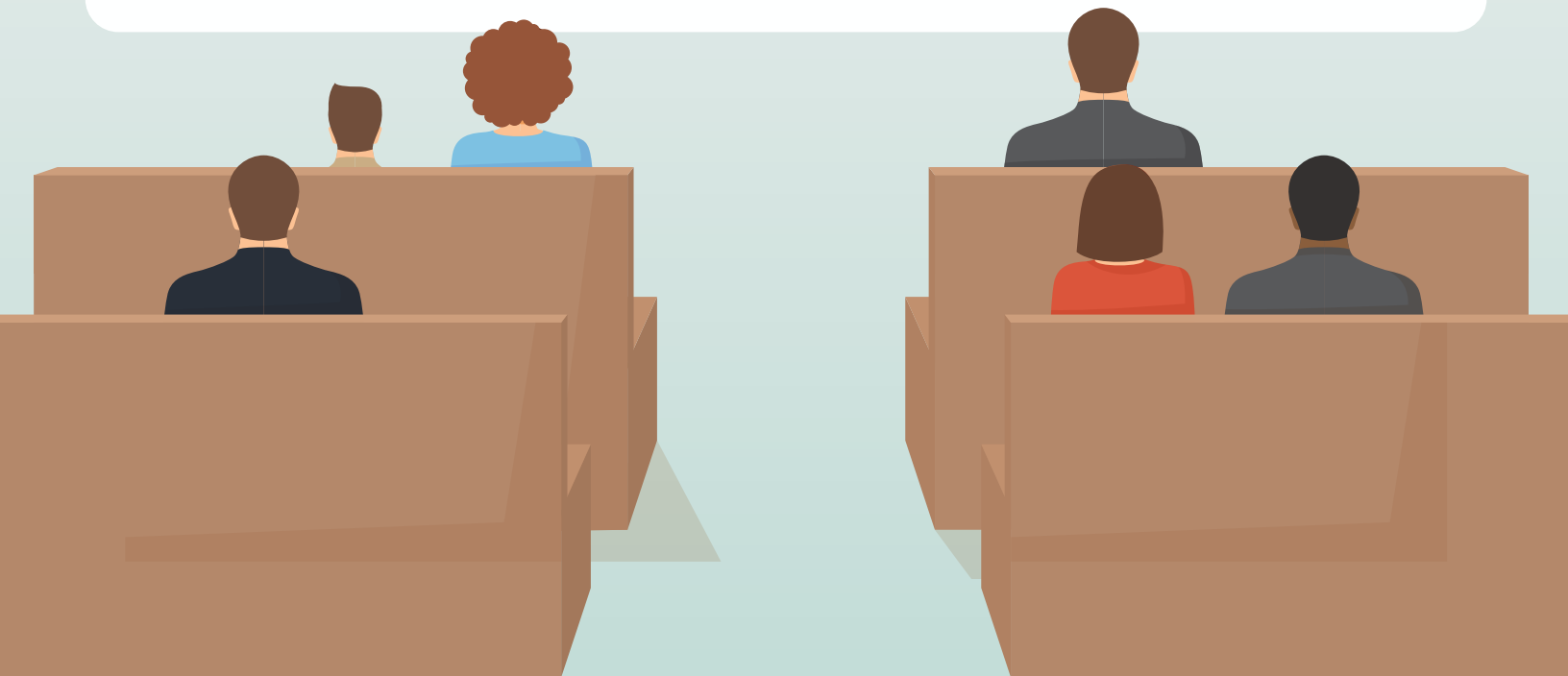


MINISTERING THROUGH SACRAMENT MEETING

Sacrament meeting provides opportunities to connect with and minister to others



IDEAS TO HELP:

If someone you minister to has young children, you can offer to help them during sacrament meeting.

If those you minister to don't often come to sacrament meeting, try to understand and consider ways you can help. If they need transportation, you could offer them a ride. If they feel unsupported by their family, you could invite them to sit with you. You could make special invitations to help them feel welcome and wanted at sacrament meeting.

Sit quietly as you wait for the meeting to start. This will help “the other broken hearts and sorrowing spirits that surround us” who need the peace that can come through reverence in a holy place.

Pray to know if there is somebody who could benefit from you sitting next to or near them during sacrament meeting or if there is some other way you can help.

When the meeting ends, you could invite those you minister to and others to upcoming Church activities, to the temple, or to a social event.

LEARN MORE IN THE JUNE 2020 ENSIGN