

Get to know the individual as a person, separate from their disability.

Don't ignore someone with a disability.

Offering to spend time with disabled children can give parents a break to focus on other children or take care of other needs. Help can be given
even when you
can't be there in
person. Notes of
encouragement or
a friendly voice
can mean a lot.

Speak to them in a way
you would speak to
others their age.
Show respect through
your tone of voice and
actions. Speak
to them directly.

For younger individuals with disabilities, saying things like "Tell me more about David" allows the family to share what they are comfortable with.

